

2018-2019



# ANNUAL REPORT



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The One All Trust

[www.one-all.in](http://www.one-all.in)



# COMMUNITY PROGRAM OVERVIEW

We would like to express our sincere gratitude to the generous support from individual supporters and BookASmile. Since September 2018, an average of 17 children have attended our sessions in the community of Doomingkuppam and Srinivasapuram. We have seen tremendous transformation - such as behavior changes in the children, growing community support and parents sharing concerns about their children with One All facilitators.

We have conducted our life skill education through sports sessions on Monday, Wednesday, Thursday, Friday and Saturday. We introduced buddy group system so that children can support each other, e.g. - calling teammates to come to the session together and sharing resources like drinking water. Nowadays, majority of the children bring water bottles and inform One All facilitators why others are late or absent. The buddy group system taught the children build a sense of belonging as well as discipline.

Exposure through field trips and tournaments with One All's partner organizations have helped the children grow. They have gained confidence to resolve any issues on the field in a respectful manner; built new friendships from different fishing communities; learnt team support and spirit of the game by playing with experienced players. Many families cannot take children out and give such exposures due to financial challenges. We hope that we will continue to provide such learning experiences so that the children grow to become next leaders of the community.

Moreover, the children from Doomingkuppam have showed tremendous change in their behaviors - bringing their own water bottles and sharing with friends, realizing that teasing hurts friends and including everyone to play and share their views.

This year, we started the Gender Module to discuss breaking gender stereotypes and gender equality. While the children understand this theoretically, we still feel there is a long way to go to bridge gaps in the community through the children. In the coming year, we will be focusing more on gender, sex and sexuality. We are excited to see the journey of growth among the children in Doomingkuppam.





## Up in the air

Players from across the city assembled at Covelong Point in their lungis to participate in the ultimate frisbee tournament

:: SRIVATSAN S

"Frisbee is my expensive hobby," says Auroville-based Abhinav Vinayak Shankar, who was in the city to participate in the recently-concluded The Chennai Covelong Hat, a two-day ultimate frisbee tournament, organised by Puyal, one of the prominent frisbee clubs, in association with UPAI (Ultimate Players Association of India). Abhinav has been playing the sport for over a decade now and is part of Team India, which will represent the country at Asia-Oceanic Beach Ultimate Championships in Japan later this year.

However, he admits that The Chennai Covelong Hat was a refreshing change in the format of the sport. The rules of the game were simple: it was mandatory for players to wear a lungi. "Everyone had fun trying to play fris-

bee in their lungis. People tripped and fell down initially. However, they got used to it after a couple of games," he says, adding, "Over 100 people turned up for the tournament. Since it was held at Covelong Point, players got an opportunity to surf during the breaks." For every game, players from each team had to pick the best player from the opponent, who was awarded the Most Valuable Player.

"Unlike national tournaments, where players play under-pressure, The Chennai Covelong Hat was more inclusive and engaging, and brought together players, irrespective of their abilities, under one umbrella." The tournament also saw the participation of a number of kids, organised by One All, a non-profit organisation that aims to teach value education among children through ultimate frisbee.



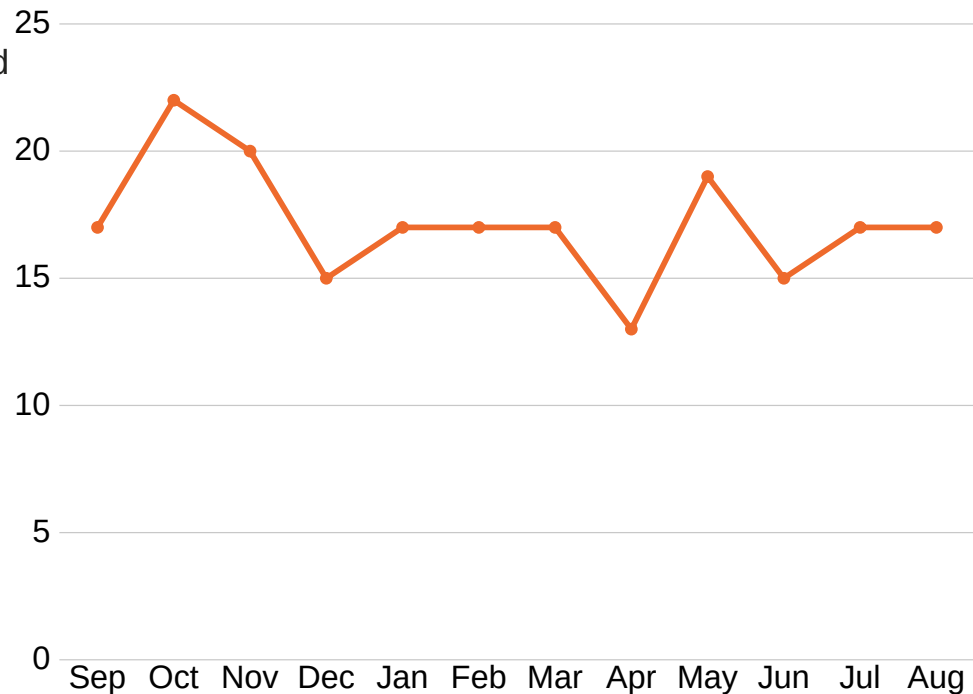
The rules of the game were simple: it was mandatory for players to wear a lungi

One All took the children from Doomingkuppam to participate in UPAI organized HAT tournament. Majority of the children received most spirited player and most valuable player awards. The HAT tournament organizer, Pundari Kumar mentioned that **"the highlight of the tournament was One All children. The children played very well and impressed us. They are also very responsible that they come on time to their reporting time and spirited enough to resolve the calls with calm manner."** The Hindu newspaper featured the tournament and One All's participation in it.

We also feel thankful to BookASmile for inviting the children to see Chennai and Kerala football match on 29th of November. Total 19 (16 children and 3 facilitators) went to see the football match. Except one child, it was first time they visited the stadium and saw a real live match. They were all very excited throughout the game and appreciated good play by supporting both teams. Janani mentioned how supportive Kerala and Chennai supporters are. **"They are so united and had different types of cheers but they all cheered together throughout the game! I usually do not cheer our teammates when I sit at sideline. I should cheer more to give energy to my team!"** It was great exposure for the children to learn positive attitude and encouragement.

Around 17 children (3 girls and 14 boys) have been regularly coming to our program. We started with 7 girls at the beginning of the year; however, 3 girls who are siblings shifted their house and 4 girls who failed semester exams were sent to private tuition centers. After the 4 girls passed the exams, they rejoined our program during semester breaks. Since three girls, and their parents, who come regularly to our program see the benefits (which can not be measured by academic record), we hope that by next year, more girls and parents understand the value of development through sport.

### Attendance from Sep 2018 to Aug 2019



## BREAKING GENDER STEREOTYPES THROUGH ULTIMATE FRISBEE



# IMPACT OF THE YEAR - STORY OF CHANGE

We have designed an impact study tool to measure change in behaviors such as Understanding feelings, Communication, Positive attitude and self control, Empathy and awareness of self. At the end of every month, One All facilitators have filled this tool and every three months, we have analyzed the progress.

We have evaluated the progress of 17 children (3 girls and 14 boys) and they have shown tremendous improvement in their behaviors. Outcome of the quantitative impact study showed that Ultimate can transform child behaviors.

We would also like to share testimonial stories from the children and parents. We strongly believe that Ultimate Frisbee has shaped children and influenced parents through their children. We are looking forward to continuing the engagement with the community to see greater impact next year.



# UNDERSTANDING FEELINGS

Understanding feelings and ability to internalize feelings will develop emotional IQ which we strongly believe is one of the most important qualities to have. Feelings check is part of every process in our session. It enables the children to understand not only various types of feelings, but also actions which are associated with that feeling. For example, when we notice that somebody got hurt because of teasing, we ask how do you feel if somebody teases you?; If you feel sad or angry about the action, let's not tease others.

# 72%



***"I know that I get angry. I used to just cry or physically fight. Now I try to calm myself so that I can think why I get angry"*** - Gethsiyal, 12th std pass

***"When I get angry or sad, I always hit people or use abusive language but I know that is not good"*** - Janani 7th std





# 67%

## EMPATHY

Once they understood feelings, we actively started asking the children how others feel which led to develop empathy. We witnessed that majority of One All children have developed the ability to think twice before they take actions. Taking others' feelings into consideration has drastically reduced teasing and physical fights. Meanwhile, when someone is hurt, the rest of the children actively try to console them instead of joining peers in teasing them.



***"Yugaraj (right in this picture) can not hear and talk. So we should use more hand signal" - Mariyadhas***

Maxison is able to identify his friends emotions and take actions accordingly. We noticed that he often takes his friend aside to console them. Everyone looks up to him.



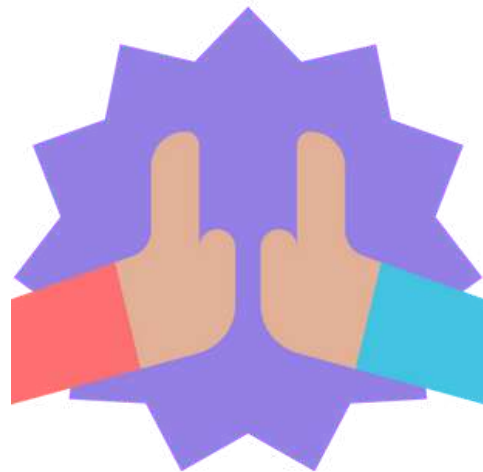


# POSITIVE ATTITUDE & SELF CONTROL

Since September 2018, majority of the children were able to accept others' mistakes and encourage each other. When the children were at the sideline, they actively supported their teammates. A sense of team has been built in the past year. The children are openly able to share their feelings now.



# 86%



***"He (Monesh) used to show no respect towards family but now he talks with respect and sometimes asks me if I need help at home"***

**- Monesh's Mother**

# 67%



## SELF AWARENESS

Samson has often experienced street harassment by his relatives calling him 'black dog' or 'elephant'. In the beginning, it affected him and his mood changed. After we gave him positive reinforcement and taught Samson to ignore this since he has many great qualities, he seems to be less affected by those comments.

When Samson gets teased on the street, he told one of the facilitators ***"I don't care what they say. I try to ignore it (negative comments about himself)."***



Eva dropped out of school due to her family's situation. We spent time to understand what she is interested in and is good at. We identified that she wants to be a beautician. Now she goes to a vocational training institute to become a beautician.

# COMMUNICATION

Especially in the heat of the moment or a stressful situation, we teach the children to internalize their feelings and communicate with respect. The children are slowly understanding how to treat others the way they want to be treated themselves.



# 68%



***"I used to play football but not any more."*** When we asked why, Kevin said ***"My friends fight a lot when play football because we don't talk. But Frisbee, I can talk about my point to resolve an issue"*** - Kevin 7th std



# OUR TEAM - OLDER SISTERS & BROTHERS FOR THE CHILDREN

Many children from Doomingkuppam and Srinivasapuram don't have proper role models or parental care since their parents are usually not at home (for various reasons - work being one of them). One All provides such brother and sisterhood through mentors in order to build personality and often work out personal problems with the children and parents (e.g.- dropping out of school).

The children are very comfortable in sharing their issues with our facilitators. They openly seek support and guidance with trust. One of our facilitators, Gayathri Moorthi, got to know that one of the children's mother attempted suicide. She helped the children as well as their mother sort out their issues and often visits them to check on her mental status. She now feels and is also treated like a part of their family since this incident.

Ultimate Frisbee has helped build a strong bridge between One All and the community to create an impact on children as well as their family members.



*"I went through various changes in myself. Through Frisbee, I became confident and fearless. Also I learnt to adapt positive thinking and communicate better with others. I have always been frightened to go somewhere alone, but now (after joining One All) I am really confident to go anywhere by myself."*

- Nandhini.P, Facilitator

## OUR TEAM - A ROLE MODEL

Our facilitators are also great role models for the the children as National team players.

Selvi Gayathri (from Auroville who interned with us in the month of May), Ganesh Moorthi (Senior facilitator) and Sanjay Sekar, (Junior facilitator) were supported by BookASmile to represent India at tournaments held in Japan and China.

Our children watched the live matches online and were very excited to share the experience.



Mariyadhas's role model is Sanjay. He said, "***Sanjay anna (brother in Tamil) not only plays very well but also teaches me to talk nicely to others especailly when I am upset. I like him because he is always kind.***"

Sanjay recently ran the Gender module in Doomingkuppam. He was able to connect with the children and it was inspiring to see a One All facilitator and national team player actively discuss gender issues.





## SCHOOL PROGRAM OVERVIEW & CHALLENGES

The One All team has continued to work with Olcot Memorial School and St. Joseph Higher Secondary School in Chennai. At the Olcot school, our program currently engages with 6th and 7th standard students twice a week. Many of the 5th standard children have been waiting eagerly to get to the 6th standard to join our program. The 7th standard students moved to 2nd year curriculum which covered inclusion, empathy building and communication skills.

Currently, 50 children from Olcot Memorial school participate in our program. We also conducted one day summer camp to build a sense of team and friendship between 6th and 7th standard children through Ultimate Frisbee. One team chose 'Flying Friendship' as their name - which is a combination of Frisbee and friendship.

Another one called themselves 'Singing Bees'- singing was the common hobby among teammates and bees represent working together. Through the summer camp, we noticed that 6th and 7th standard children built new friendships through sport and indoor sessions. Principal of the school said *"It was good opportunity for different classes to interact and learn about each other."* Schools provide education; yet, there is limitation in terms of providing life skill education. We hope to see the schools understand more holistic ways to educate the students rather than only focusing on academics.

We continue working with St. Jopseh's school twice a week. Here we run an after school program for interested students above 6th standard. In the past two years, we have noticed that the girls have shown an equal amount of interest in coming to our program as the boys. However, the number of girls attending our sessions have been gradually reducing for several reasons related to gender inequality. Previously 10 girls were participating in our program. Yet, 70% of them dropped out in the middle since they needed to head back home to take care of house work such as preparing dinner, washing and cleaning; meanwhile, we did not notice that boys were facing any similar challenges. The rest of the girls's parents were strongly opposed to them interacting with the boys.



## SCHOOL PROGRAM WAY FORWARD

We believe that life skill education is equally important as academics to make sure that youth become responsible and respectful adults through developing empathy, resilience and discipline. These life skills will enable them to become a leader at work, as well as caring and respectful parents in the future. Our sessions often get cancelled because the students' academic level is low. We understand that sports and such activities are not given much importance in schools.

Yet, we continue to work with the students and hope that schools eventually see the value of life skill education and equal rights for both boys and girls to enjoy extra-curricular activities such as sports.

In 2020, we are looking to expand our program from two schools to three schools. We also aim to strengthen our relationships with the school management to continue engaging with their students.







# GUDALUR PROGRAM OVERVIEW

This year, the One All team in Gudalur welcomed three new members in April - we now have Meena, Badichi and Parvathi who are full time employees! They are strong, confident young women who are passionate to show their community what they are capable of! They are from our original batch of 12 facilitators whom we started training under our facilitation training program in January 2018. All 12 facilitators received regular feedback and showed great improvement in confidence and facilitation skills. They also became comfortable in running sessions without supervision and developed a habit of updating the co-ordinators about their availability and session reports. Our system of coordinating sessions with all these trainees had to evolve with the plans of our local partner organisation.

VBVT had conducted evaluations of its own program and decided to let some of their staff go - four of whom are part of our 12 facilitator team. Hence we have been concentrating on building a strong Core Team with our 3 full time facilitators. Our 5 remaining facilitators who are on VBVT's rolls will help with sessions on a need basis. But the main work for the One All sports-for-development program in Gudalur will be carried out by the Core Team.

We have also taken on Vishnu (who was a participant in the Foundation course sessions) as a Youth Leader for our program since the end of July. He will train to become a facilitator and at the end of nine months, he will have the skills to start another community program of his own.

Over the past year, our full time facilitators have learnt the skills required to co-ordinate and facilitate sessions at 2 centres, seven days a week. They also conduct regular village visits to keep in touch with parents and area co-ordinators of VBVT. The facilitators have slowly gotten used to the system of these sessions and now planning, preparation and time management has improved considerably. This is a tremendous step for them. Adivasis have never had to plan ahead for anything in their way of life - so coming on time, making and keeping appointments regularly, reflecting and documenting, are very big achievements in their growth towards managing a program!



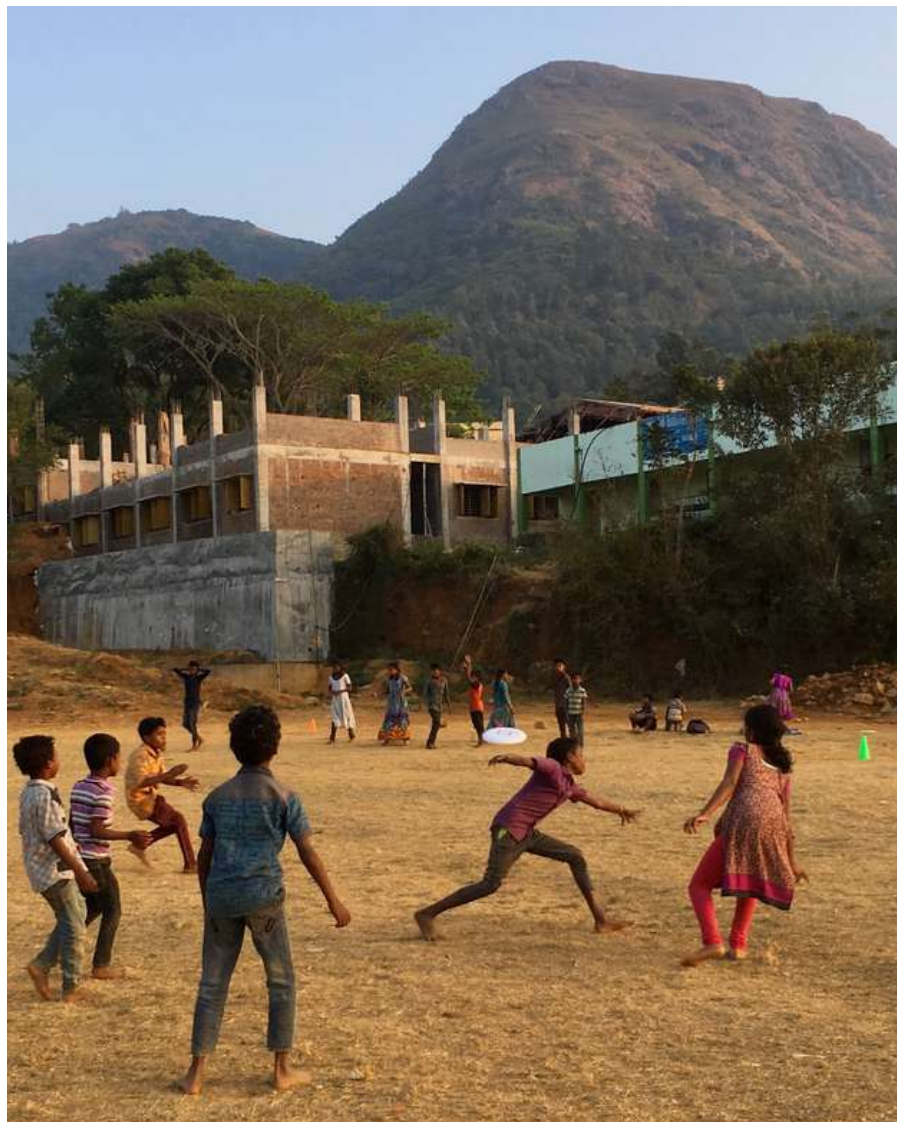
Through the training program, the core team of facilitators have improved tremendously in preparation, planning, following up, reporting, documentation and facilitation. There is room for improvement in logical thinking (esp. to break down complicated concepts in an easy manner for children), encouragement and giving energy to the children, computer usage, communication and frisbee skills. They have formed a close bond with the children, created a safe space for the children to share their feelings openly and shown their level of care for the children's wellbeing through regular village visits, observations and discussions.

With respect to the sessions we conduct for children, our two centres have been running well. Since the onset of the monsoons in June, we have been conducting indoor and outdoor sessions. Engaging with the children during the rains, when outdoor activities are at a minimum and keeping the morale up was a difficult task for the facilitators - but one which they did well. They have now set into the routine of lesson planning, preparation, observation, discussion and data entry. We have selected 2 teams to play at a UPAI National Championships Sectional tournament on October 12th and 13th in Bangalore. We will have 30 children, 5 facilitators and 1 youth leader attending this tournament and everyone is really looking forward to it.

## SSA SCHOOL, GUDALUR

**Monday to Friday  
(4.30pm to 6pm)**

An average of 18 children have been attending the sessions regularly (8 girls and 10 boys). We started here with sessions for children in 6th std and above, but as time went on the younger children also developed an interest and wanted to join, hence we have started a Juniors Program for them since February 2019.





In the beginning, the children used to be very shy to speak during sessions, and girls and boys wouldn't talk or stand next to each other. Now, our facilitator Meena said ***"They've become good friends and share their ups and downs with each other. They have mingled well together as a group. They also share things openly in the sessions with the teachers."*** Being in a residential school, the children have now got used to managing their washing/cleaning chores and attend our sessions as well.

## ERUMAD COMMUNITY

**Saturday (4pm to 6pm) and Sunday (7am to 9am)**

We have adjusted the timings to accommodate 2 sessions per week. An average of 12 children have been attending the sessions regularly (6 girls and 6 boys). This extra session has been going on well and an average of 12 children have been attending regularly.

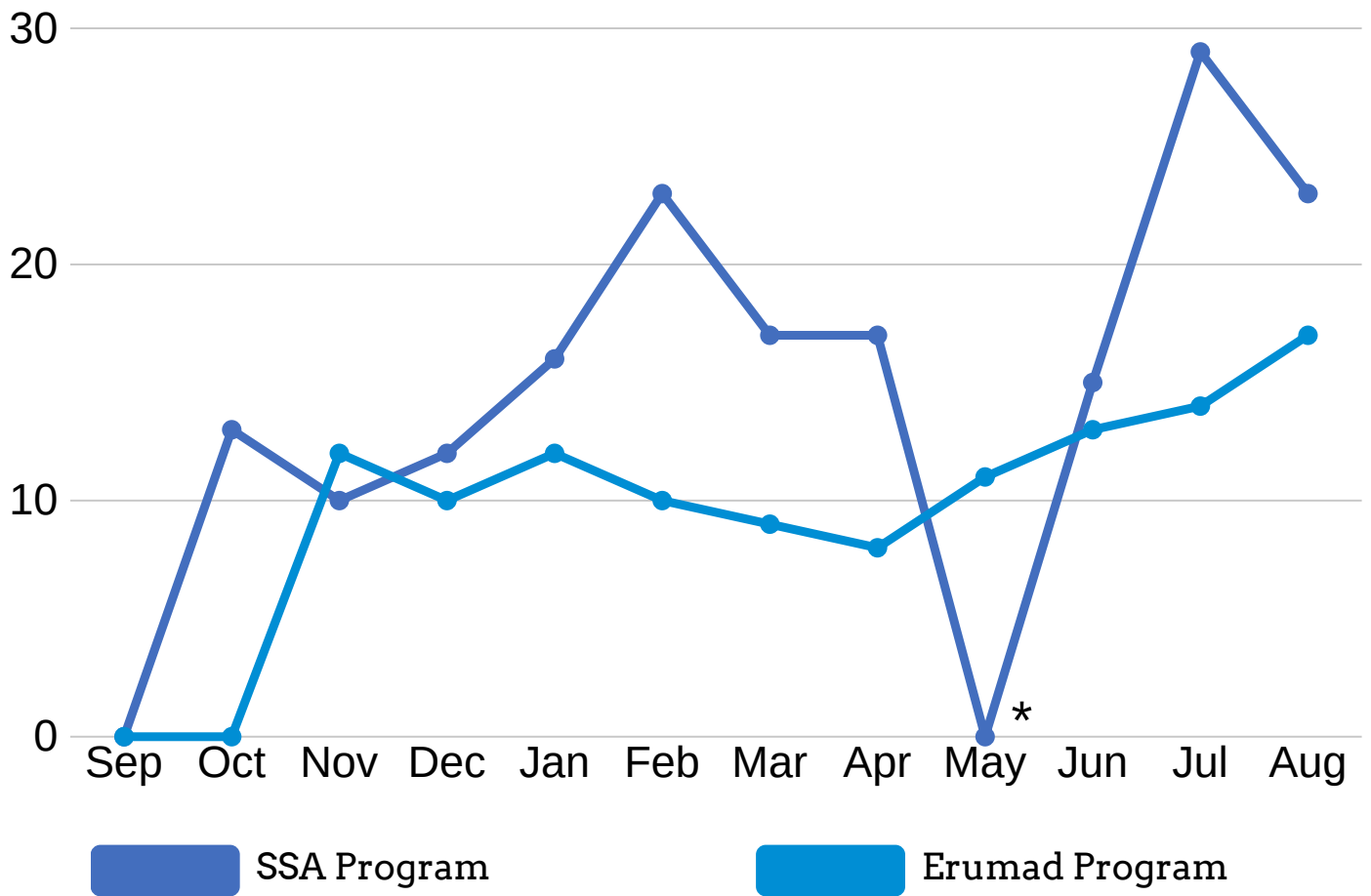


The children in Erumad have showed tremendous improvement in behaviour. They used to come very late and use their phones during sessions. The older boys also had a habit of chewing tobacco during sessions. But now they are so interested in the sessions that they manage their school/housework/other sports and attend our sessions on time! Our facilitator Karalan said ***“I’ve seen the boys play football while chewing tobacco, but they don’t do that now - while playing frisbee. I feel like we have changed their habits!”***

The children also speak freely to our facilitators and their own teammates now. One of the boys, Sreenath (20 years old) was extremely shy. Last year, he fell in love with a girl in his village and she got pregnant. When the community heard about that, they got the two of them married immediately. He now has a child and his family scolds him about playing sports when he has a family of his own to take care of. He is a daily wage construction worker, but still manages his time well and comes for sessions. He is also part of the tournament team that is going to Bangalore next month. He openly shared his family troubles with everyone during the session and said that he might not be able to attend for much longer. This is a huge step for him to be so free with our facilitators and his teammates. We hope that the positive impact that our sessions are creating will help change the mind of his family and that he will continue to remain with us.

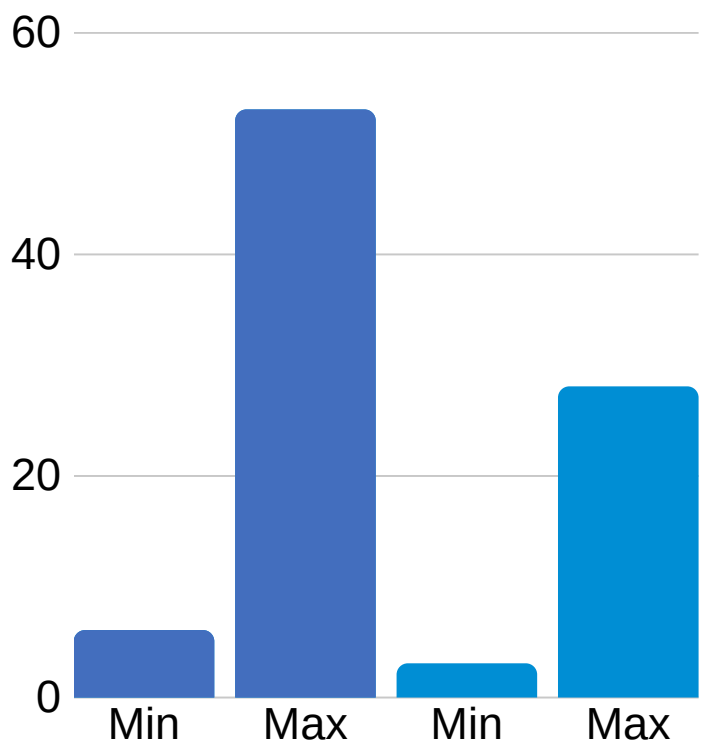


Attendance from Sep 2018 to Aug 2019

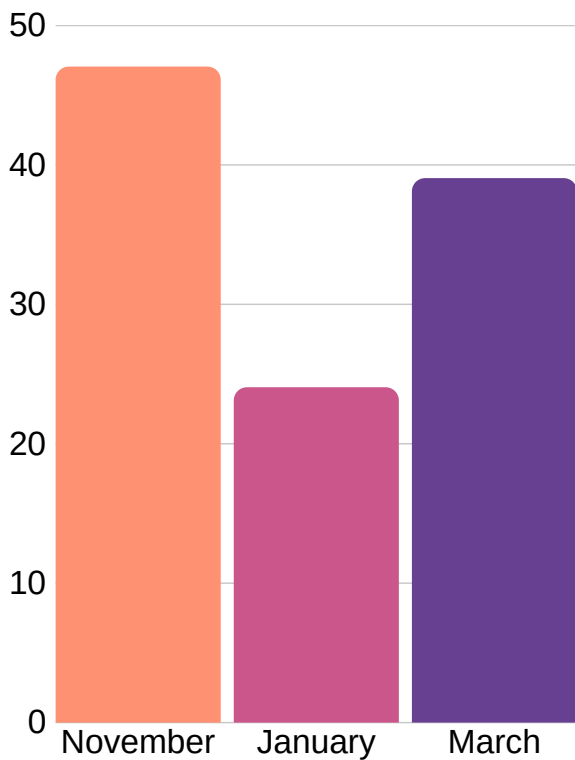


\* there were no sessions conducted in May due to summer holidays at SSA School, hence the attendance is 0

Minimum and Maximum number of students at a session



**Total number of sessions conducted from September 2018 to August 2019**



**Participation in Mini Tournaments held at SSA School grounds for children from both SSA and Erumad programs**



2018



2019

**Number of children participating in the May Children's Camp**

# STORIES OF IMPACT - MEENA

Meena belongs to the Paniya tribe and is from Puliyamvayal village which is half an hour from Gudalur town. She used to work as a teacher trainee at our partner organisation VBVT in Gudalur before she joined us as a full time facilitator. During her training with One All, she was engaged to be married. Everyone around her doubted that she would return to work after the wedding because it was not the norm for married women to engage in sporting activities. She believed so strongly in the potential of the work that we do with the youth, that she was determined to prove everyone wrong. She put in a lot of effort into learning how to explain to others about her work, why she does it, and what it would mean to the community. She took a month off after her wedding to figure out how to deal with the difficult situation of managing work and home life. She then traveled two hours each way by bus from Ponnani (her husband's village). Seeing her dedication and hard work, her husband and family agreed for the two of them to move to Gudalur town. She is very good with children and cares for them a lot. When one of the girls in our program, Jyoti, dropped out of school, Meena went to her village. Jyoti is an extremely talented frisbee player and enjoys the sport immensely. She was also among seven girls who attended the Indian Women's National team tryouts in Bangalore. She had gained a confidant in Meena through our sessions. She told Meena that she could not study at school and did not have fun. Meena convinced Jyoti to come back by drawing her attention instead to how much fun she had playing frisbee and how good she was at it. Jyoti came back to school because she wanted to play more and gain access to opportunities to visit other places through the sport. For Meena to overcome so many hurdles and bring out the best in Jyoti is a perfect example of the change we hope our program can facilitate.





# ONE ALL AT INDIAN NATIONAL TEAM TRYOUTS

UPAI held the official pre-tryouts for the World Under 20 Women's Indian National Team (for the WFDF 2020 World Junior Ultimate Championships (WJUC) in the city of Malmö, Sweden, from 18th to 25th July, 2020) in Bangalore on the 30th of June 2019. One All selected 6 girls from our centres here in Gudalur to participate in the tryouts:

SSA School: Chinju, Vidhya, Jyothi, Dhanya

Erumad Community: Suchitra, Varmaanjani

These girls were accompanied by Parvathi and Badichi to Bangalore. This was the first time any of the girls had ever travelled out of Gudalur. They were scared and excited at the same time. They did not expect the level of difficulty at the tryouts, but performed as best as they could.

**Out of the 6 girls, 2 of them (Chinju and Varmaanajani) were selected for the final round of tryouts in Delhi from 30th August to 1st September 2019. This exposure was priceless for the girls! They did not make the final India Team, but they are looking forward to trying again.**

VIDHYA



JYOTHI



DHANYA



VARMAANJANI



SUCHITRA



CHINJU



UPAI also held the official pre-tryouts for the Mixed Indian National Team (for the WFDF 2020 World Ultimate and Guts Championships (WUGC) from 11th - 18th July, 2020 to be held at Leeuwarden, Netherlands) in Bangalore on the 13th of July 2019. Our facilitators - G. Parvathi, Badichi, and Vishnu (our Youth Leader) participated in these tryouts. They did not qualify for the next round, but the exposure and learning that they got was immense.



## YOUTH LEADER - VISHNU

We have hired Vishnu (from our Foundation Course sessions) as a Youth Leader since July. He has great leadership potential and passion for the game, but also a troubled background. Vishnu belongs to the Paniya tribe from Koottat village in the Erumad area. After the Foundation Course, he got a job with the forest department as a forest watcher. He was mistreated there by his peers and supervisors and did not get adequate care/guidance from his family. At the age of 19, he started drinking alcohol in order to escape that reality. He had bad episodes of drunkenness where he has no memory of what he did. He realised that his environment was harming his mental and physical health and admitted himself at the Adivasi hospital in Gudalur town. His genuine interest in becoming a sports facilitator, his potential, lack of mentorship and nurturing environment led to us hiring him as a Youth Leader. Since then, he has learnt lesson planning, preparation, and how to teach concepts of frisbee in a simple way. He is also attending regular counselling sessions at the hospital to help him with his anxiety. His commitment to his wellbeing and love for sport gives us hope that he will grow through this program.

# HIGHLIGHTS

## TWO TEACHER TRAINING CAMPS IN CHENNAI

We had two Facilitator Training Camps in Chennai for our Gudalur facilitators. Badichi, Meena, G. Parvathi and R. Parvathi were the first batch from 28th Nov to 5th Dec and Karalan, E. Chandran, Saravanan and V. Chandran were our second batch from 8th to 12th of January. The following was the focus of these camps:

1. Facilitation training and Problem Solving
2. Observation of One All operations in Chennai
3. Long Term Program planning
4. How to answer questions from the community
5. Planning for Indoor Sessions
6. Monitoring & Evaluation workshops
7. Attending Ultimate Frisbee Club team practices

They also named our program "***Frisbee kondu Adivasikala Mattam***" (***FAM***). This program's name in the Paniya language means "**bringing change to the adivasis through frisbee.**"



# MINI TOURNAMENTS

We have conducted three mini tournaments for our children from SSA and Erumad centres at the SSA Gudalur school ground.

This is to expose the children to a new set of friends, increase their interest in the game, and to allow healthy competitive skills to grow among the different centres.

The focus of the tournaments were team building and making new friends.

**NOVEMBER 21ST - 47 CHILDREN**

**SSA - 29 (22 BOYS, 7 GIRLS); ERUMAD - 18 (9 BOYS, 9 GIRLS)**



**JANUARY 15TH - 24 CHILDREN**

**SSA - 13 (8 BOYS, 5 GIRLS); ERUMAD - 11 (7 BOYS, 4 GIRLS)**



**MARCH 3RD - 39 CHILDREN**

**SSA - 31 (15 BOYS, 16 GIRLS); ERUMAD - 8 (5 BOYS, 3 GIRLS)**



## WORKSHOP WITH CHENNAI FACILITATORS IN GUDALUR

Two of our One All facilitators from Chennai - Prabhakaran and Akash Palani; visited the Gudalur program from 1st to 4th of March. Apart from observing sessions, they did facilitation and frisbee training for the Gudalur teachers and helped with the March mini tournament.



## FACILITATORS PRESENT AT THE UPAI NATIONAL CONFERENCE IN BANGALORE

G. Parvathi, Badichi and Meena went to Bangalore to speak at the UPAI National Conference held on 18th and 19th of May. This was a tremendous achievement for them - to go speak in front of an unknown audience about the work that we do in Gudalur with Ultimate Frisbee amongst the adivasis. They were very apprehensive about presenting, but prepared well for it and did an amazing job of it at the Conference! They spoke in Tamil, and took questions as well! They were also interviewed by a reporter from FirstPost after their talk, and they spoke to him confidently!



# WE BUILT OUR VISION!

## - TO UNITE THE ADIVASI VILLAGES THROUGH SPORT

The 3 new members of the One All team and the Program Officer had a powerful session with Kath Taylor (UK based leadership mentor), in building a model for our Vision for this program. The result was a story of frisbee uniting the Adivasi villages and helping them become confident in their abilities to show the outside world what they are capable of. The result was a physical model for the program and a mind map with how we could achieve it.



## COMMUNITY OUTREACH

### FAM PROGRAM STALL AT THE VIDYODAYA SCHOOL EXHIBITION



Vidyodaya School had an Arts, Science and Maths exhibition on March 17th in order to showcase their activities to the larger Gudalur community. As our FAM program is part of their activities, we put up a stall at the exhibition with photos, our long term goal model - accompanied by the story that the teachers wrote for it, and simple, interactive, fun frisbee games to engage the public and generate interest towards the game. Many people - old and young, men and women alike - had a lot of fun throwing the frisbee around for the first time. This was a successful way to spread the word about our program - what we have already done and what we want to do in the future.



## CHILDREN'S SUMMER CAMP IN MAY

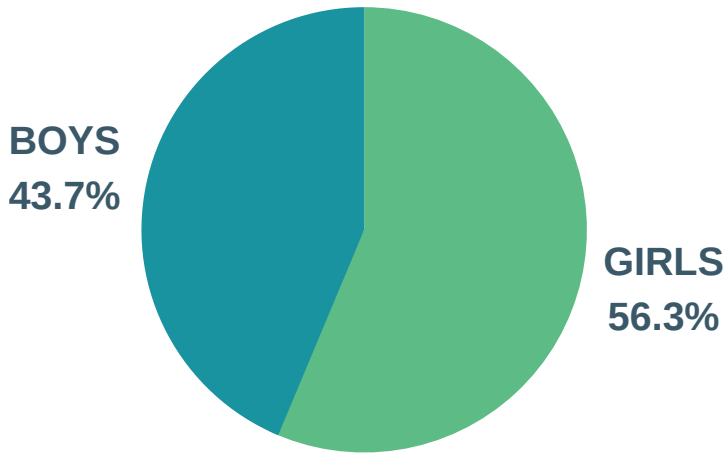


This May, One All in partnership with VBVT, ran a 4-day Children's Summer Camp for adivasi children. There were 103 children who attended Camp and 3 Youth Leaders from our previous centre (Foundation Course). 28 teachers/co-ordinators from One All and VBVT were part of the Organising Committee, along with 4 Support Staff and 7 Guest Speakers. The children were in 8 groups, with an average of 12 children having 3 co-ordinators per group. The following sessions were conducted: Adivasi Wall Painting, Outdoor Frisbee Sessions, Experiences through Ultimate Frisbee (Playing for the Indian Team), Science Experiments, Asking the right questions, Higher Education Counselling, Importance of Education, Nature as a teacher, and Legal Issues & Laws relevant to Adivasis and Children.

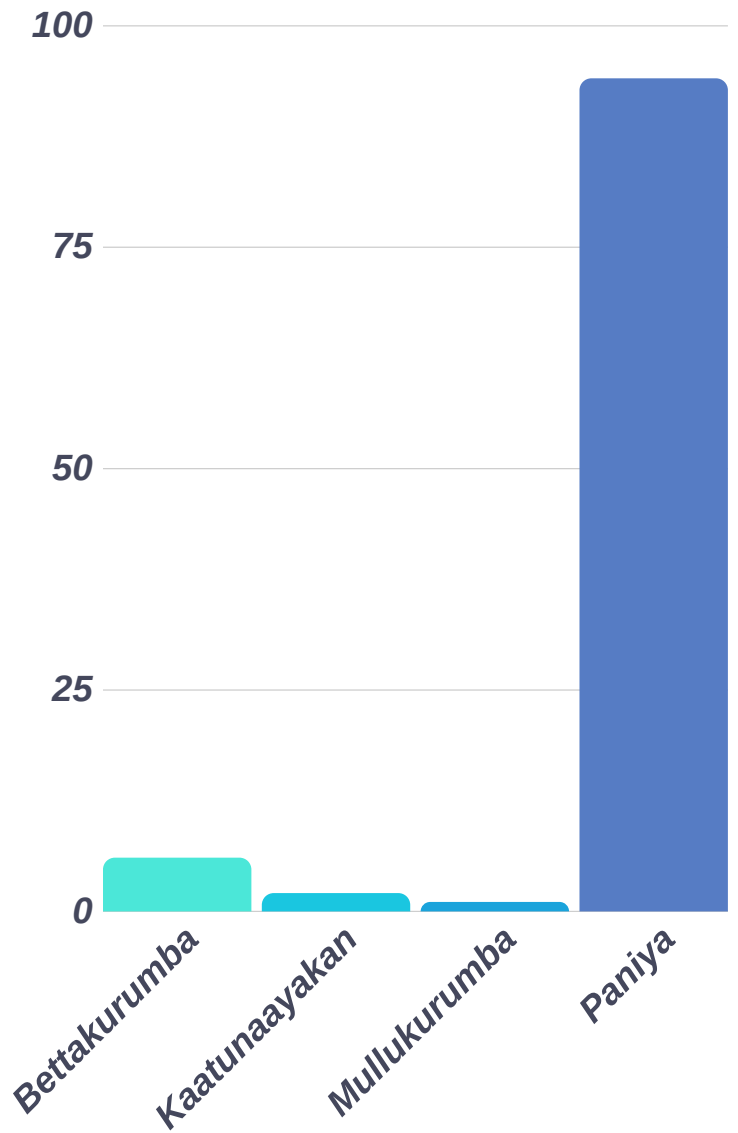




### MAY 2019 CAMP PARTICIPANT STATISTICS



**30  
VILLAGES  
COVERED**



## VILLAGE VISITS

We have been conducting village visits to the homes of our students in order to build a relationship with their parents, and the larger community. Each of the eight Areas in Gudalur have an “Area Office” where the field workers from the established organisations in Gudalur work out of. Our One All facilitators also visit these Area Offices in order to talk about our program, and the progress of the children who attend from their respective Areas. This is to enable the adivasi community at large to understand that we care about the children who attend our sessions.

**The following Areas and Villages were visited from May to August:**

<b>AREA</b>	<b>VILLAGES</b>
<b>Pattavayal</b>	Thanankodu, Kottadu
<b>Devarshola</b>	Aalavayal
<b>Ponnani</b>	Kadalakolly
<b>Sri Madurai</b>	Macchikolli, Kaundankolli
<b>Erumad</b>	Area office, Erumad, Kottramangalam, Kootadu, Chomara, Athikunni, Karumbankolli
<b>Ayyankolli</b>	Vattikolli

## PEER EVALUATION FOR THE TEACHERS

Our group of 12 facilitators participated in their first Peer Evaluation and Group Discussion, from which they understood more about how their work was perceived by the rest of the team, their strengths and weaknesses, and what areas they need to improve on. The form with relevant questions about things they might have observed about each other while preparing for and during sessions. The questions were devised under the following categories:

- Facilitation Skills
- Approachability
- Preparation and Time Management Skills
- Observation Skills
- Documentation Skills

**Their major strength is approachability and documentation skills. They have improved most in facilitation skills. Their time management and preparation skills need the most improvement.**

## INDOOR SESSIONS DURING THE MONSOONS



The monsoon set in Gudalur during the month of June. Everyone had a doubt as to whether we could actually execute the indoor sessions we had planned for because normally all activities slow down during the rains. The children were also lethargic about indoor sessions, but when weather permitted they were very excited to play outside. The facilitators put in a lot of effort to make the indoor sessions happen. They planned indoor team building games, storytelling sessions, adivasi songs and dances, ultimate frisbee matches and tutorial videos, ultimate frisbee rules quizzes, and spirit circles. They gave the children individual attention to encourage them to attend and did a good job of keeping the morale up.

## EXPOSURE VISIT TO BANGALORE

The UPAI National Club Championships for 2019-20 began in September. The two teams selected from Gudalur will be attending the October tournament in this Championships. Club teams from all over the country are divided into Sections based on geographic location. The Gudalur teams are in the South West section, along with other Bangalore teams. The tournaments for the South West section are in Bangalore. One All facilitators Badichi and Karalan attended one day of the September tournament in order to observe how a tournament is run, how other teams play, how they speak in the spirit circles and other details needed in order to prepare the Gudalur teams better for their tournament in October. Seeing the efforts that other teams put in to warm up, play one hour matches in the heat, and how they encouraged/helped their teammates, our facilitators returned motivated to do more with the Gudalur teams!

## BADICHI TAKES THE GIRLS TO DELHI FOR FINAL INDIA TEAM TRYOUTS

Our facilitator Badichi is 24 years old and belongs to the Bettakurumba tribe. She has never been further than Chennai before. This time, she chaperoned the two girls who were selected for the final round of the India Team tryouts (Chinju and Varmaanjani) all the way to Delhi! This was the first time any of them had traveled by train or been to Delhi. They traveled by bus from Gudalur to Chennai and from there were joined by 8 other girls who were also selected from Chennai and Auroville on the train to Delhi. They all had an amazing time, and have grown in confidence from the experience. The main challenges they faced were physical exertion during the 3 day selection camp, especially in the Delhi heat and new types of food that they were not used to.



# GOVERNANCE

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## NATURE OF ORGANIZATION

A secular Indian registered Charitable Trust reaching out to youth for development through sports.

## BOARD OF TRUSTEES

Mr. Muralishankar S - Managing Trustee

Mr. Tariq Thekaekara

Mr. Manickam Narayanan

Mr. Dev Tayde

Ms. Varsha Yeshwant Kumar

## BOARD OF TRUSTEES MEETINGS

30th March, 2019                      3

29th August, 2019                    3

## REGISTRATION

Order under section 12AA

Approval under sectional 80G:

URNo. AACTT8637N/0517-18/T-0349/80G

PAN number: AACTT637N

# HOW CAN YOU HELP?

INR **27,600**

## SUPPORTS TWO MONTHS OF A SCHOOL PROGRAM!

Our On-Ground costs to run our program in one school for a year are:

- 1 Facilitator salary:	Rs. 1,44,000
- 2 Equipment kits:	Rs. 12,000
- Travel:	Rs. 5,000
- Workshop/Tournament:	Rs. 5,000
<b>Total/year -</b>	<b>Rs. 1,66,000</b>

INR **15,000**

## SUPPORTS ONE FACILITATOR FOR A MONTH!

Our facilitators are the backbone of One All. They undergo intensive training to ensure that they understand how to empower children to make their own decisions. We work with schools and communities in Chennai and among the marginalized aboriginal tribes in rural Nilgiris. Your donation will ensure that our amazing facilitators continue to do the work they love, for a whole month!

INR **10,000**

## SUPPORTS ONE CHILD IN CHENNAI FOR A YEAR

We work with youth from marginalized fishing communities in Chennai for the past 3 years. Our research has showed that around 67% of children have showed improvement in empathy; 86% have improved in positive attitude and encouragement; and 72% improved in understanding feelings. (for more details, please refer to P.5)

INR **7,000**

## SUPPORTS ONE TRIBAL CHILD IN THE NILGIRIS

We work with aboriginal tribal communities in the Nilgiri hills. Many tribal children often drop out of school due to lack of support at home, distance to the schools, family and financial pressure. One All empowers children through our tribal facilitators whom we have trained. (for more details, please refer to P.16)

INR **6,000**

## PROVIDES ONE EQUIPMENT KIT FOR AN ENTIRE YEAR!

We believe that sports can bridge gaps. Our curriculum requires very minimal equipment. One kit bag will support One All to run either a school or a community program for an entire year! It contains 8 frisbees, 10 cones, 10 bibs and 1 bag.

INR **500**

## BRINGS ONE FRISBEE TO AN UNDER-SERVED CHILD!

We have developed a sport-based life skill curriculum that acts as a supplement to the overall identity development of young people. The sport we use is Ultimate Frisbee, hence the main thing we need to run our sessions are Frisbees! Your donation could bring countless hours of joy to a child, while empowering them at the same time!



## OUR SUPPORTERS IN 2019

We would like to express our gratitude to our generous supporters, partners and individuals for not only supporting our cause, but also believing our mission and joining our journey!

**BookASmile**

**World Flying Disc Association (WFDF) - BULA**

**Decathlon, Chennai**

**Donors from the Ultimate Frisbee Community, India**

**Donors from the Ultimate Frisbee Community, Germany**

**Ann Arbor Ultimate Frisbee Community, USA**

**Microsoft Corporation, India**

**Individual Donors on our website**

**Individual Donors from our wedding fundraising**

**The Banyan, Chennai**

**Pudiyador, Chennai**

**Viswa Bharati Vidyodaya Trust, Gudalur**

**Ultimate Players Association of India**

**Infant's Travels, Bangalore**

# THANK YOU FOR BELIEVING IN US!

# INDEPENDENT AUDITOR'S REPORT

## Audit report under section 12a(b) of the Income-tax Act, 1961, in the case of charitable Trust

We have examined the balance sheet of The One All Trust (PAN No: AACTT8637N) as at 31/3//2019 and the Profit and loss account for the year ended on that date which are in agreement with the books of account maintained by the said Trust. We have obtained all the information and explanations which to the best of our knowledge and belief were necessary for the purposes of the audit. In our opinion, proper books of account have been kept by the head office and the branches of the above named Trust visited by us so far as appears from our examination of the books, and proper Returns adequate for the purposes of audit have been received from branches not visited by us subject to the comments given below:

In our opinion and to the best of our information, and accounting to information given to us the said accounts give a true and fair view-

- (i) in the case of the balance sheet, of the state of affairs of the above named trust as at 31/3/2019 and
- (ii) in the case of the profit and loss account, of the profit or loss of its accounting year ending on 31/3/2019

Date: 08/06/2019  
RAMANUJAM&CO  
Place: CHENNAI

FOR J V  
  
(Chartered Accountants)



# BALANCE SHEET

Account for year ended March, 31st 2019

LIABILITIES	Amount in INR	Amount in INR
Capital Account		
Corpus Fund	1000	1000
Excess of Income over Expenditure		
Opening Balance	98,105	
Add: During the year	76,224	1,74,330
<b>Total</b>		<b>175330</b>

ASSETS		
Current Assets		
Bank	154,246	
Cash	17,404	
TDS receivable A/C	3,680	175,330
<b>Total</b>		<b>175,330</b>

As per books of accounts and other records produced and according to the explanations given to us for J.V Ramanujam & Co Chartered Accountants FRN: 00029475

# RECEIPT AND PAYMENTS

Account for year ended March, 31st 2019

RECEIPTS	Amount in INR	Amount in INR
Opening Balance		
Bank Accounts	96,061	
Cash-in-hand	3,044	99,105
Current Assets		
Sundry Debtors	133,738	133,738
Indirect Incomes		
Donation	892,911	
Couching Fees	36,800	929,711
<b>Total</b>		<b>1,162,554</b>

PAYMENTS		
Current Liabilities		
TDS Payable	766	766
Current Assets		
TDS Receivable	3,680	3,680
Indirect Expenses		
Consulting & Accounting Charge	6,600	
Audit Fee	11,800	
Food Expenses	7,409	
Other Expenses	11,874	
Equipment Costs	15,671	
Local Conveyance	56,143	
Misc Expenses	30,000	
Professional Fee	6,310	
Printing & Stationery	7,456	
Subscription & Membership Fee	11,999	
Tournament Expenses	8,300	
Salary & Facilitation Fee	789,901	
Travel Expenses	22,995	986,458
Closing Balance		
Bank Accounts	17,404	
Cash-in-hand	154,246	171,650
<b>Total</b>		<b>1,162,554</b>

# INCOME & EXPENDITURE

Account for year ended March, 31st 2019

EXPENDITURE	Amount in INR	Amount in INR
Indirect Expenses		
Consulting & Accounting Charge	6,600	
Audit Fee	11,800	
Food Expenses	7,409	
Other Expenses	11,874	
Equipment Costs	15,671	
Local Conveyance	56,143	
Misc Expenses	30,000	
Professional Fee	6,310	
Printing & Stationery	7,456	
Subscription & Membership Fee	11,999	
Tournament Expenses	8,300	
Salary & Facilitation Fee	789,901	
Travel Expenses	22,995	986,458
Excess of income over expenditure		76,224
<b>Total</b>		<b>1,068,334</b>
INCOME	Amount in INR	Amount in INR
Indirecto Incomes		
By Donations	1,031,534	
By Coaching Fees	36,800	1,068,334
<b>Total</b>		<b>1,068,334</b>



Address: D3, Capital East No.71&72 R K  
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Website: [www.one-all.in](http://www.one-all.in)